

# OF NOTE

## Briefings

### ★ Sponsors

Sponsor Training is **Sept. 30**, 10 a.m. in the Family Support Center. Call 846-0741.

### ★ Weight risks

Dr. Linda MacDonald addresses the health risk associated with obesity and diabetes in the second and third parts of a series, 1-2:30 p.m., at the Veterans Affairs Medical Center, Education Building Number 39 Auditorium. MacDonald is a Veterans Affairs physician.

MacDonald's discussion on obesity health risks **Oct. 7** includes two patients' perspectives on weight loss following gastric bypass surgeries. On **Nov. 4**, Miriam Simmons talks on "Strategies for Risk Reduction-Finding a Good Fit," concerning weight loss techniques and exercise goals. Simmons is a Veterans Affairs clinical dietician.

Call 265-1711, ext. 2020.

## Closings

### ★ Medical group

The 377th Medical Group is closed for physical training at 3 p.m. each **Wednesday**.

If you need to speak with a healthcare provider call 846-3200 and leave a message for a return call.

## Education

### ★ CLEP with essay

The CLEP General English Composition with Essay, which will be

discontinued, is offered at the Education Center **Oct. 9**, 8:30 a.m.

Consult with your college or university to learn if you need this test. Call 846-8955.

### ★ College tests end

After **Nov. 30**, the Education Center will no longer offer the College Level Examination Program exams for natural science, college mathematics, English composition, principles of accounting, college level Spanish, History of the U.S. I and II.

## Events

### ★ Coalition lunch

Albuquerque Mayor Martin Chavez is guest speaker at the Military Coalition luncheon, **tomorrow**, at the Albuquerque Petroleum Club

The program begins with a 10:30 a.m. social, followed by noon luncheon. Luncheon cost is \$15. Make reservations by calling Ralph Francis, 846-7011 or Joe Loisel, 839-0969.

### ★ Quarterly awards

The 377th Air Base Wing Quarterly Awards breakfast is **Oct. 10** at the base theater.

Bacon and sausage breakfast burritos are served 7-7:15 a.m. for \$4.

Unit first sergeants will accept your payment through **Oct. 6**.

### ★ Tech expo

A technology expo is **Oct. 8**, 10 a.m.-2 p.m., in the Coronado Club Building 3210. More than 20 industry

leading manufacturers, developers and system integrators will demonstrate the latest in computer hardware, software and services.

The expo is open to everyone with valid base entry and admission is free.

## Meetings

### ★ Moms group

Mothers of Preschoolers meets the **second** and **fourth Tuesdays** monthly, 9-11:30 a.m., at the chapel beginning **Oct. 14**.

Volunteers are needed to work with preschoolers and school-aged children. Call Melissa at 332-0808 or Rebecca at 254-9593.

### ★ Hearts Apart

Family Arcade Night for Hearts Apart members is **tonight**, 5-8 p.m., in the Consolidated Support Center.

The group is for families with deployed members. The evening includes video games, a children's movie and dinner.

Make reservations at 853-1704.

## Miscellanea

### ★ Commissary hours

The Commissary hours on Columbus Day, **Oct. 13**, are 8 a.m.-7 p.m.

### ★ Access cards

**Oct. 1** is the deadline for mass issuance of the Common Access Card. Make appointments at <https://afpki.lackland.af.mil/scheduler/kirtland/>.

### ★ DAPS handles printing

The Document Automation and Production Service is the single DOD manager of printing, duplicating and document automation services, also referred to as reprographics and copying. Air Force customers may not obtain printing from any other source.

If the "DAPS" facility cannot meet the mission requirements of their Air Force customer, the DAPS staff will determine the method of obtaining the product.

This is not a discretionary decision. The DAPS facility does not have the authority to grant a waiver.

Call DAPS at 846-4294.

### ★ Wyoming repairs

Wyoming Boulevard is reduced to one lane southbound between F and G avenues through **tomorrow**. The closure is for construction work at the Fire Station.

Follow signs and barricades, and seek alternate routes when possible.

### ★ Kiddie Cruisers

Join other mothers and fathers for Kiddie Cruisers for adult conversation and exercise **today**, 9 a.m., on the Multi-Use Trail.

Meet at the intersection of Pennsylvania Street and Ridgecrest, or call 846-0139.

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